Challenge route: (highlighted in purple)
Start this hike at the Cascading Waters parking area on Olean Street in Worcester. Follow the Cascades Trail (blue circles) to the waterfall and continue up the switchback by the falls. Continue NW to the intersection of Silver Spring Trail (yellow rectangles). Head West on the Silver Spring Trail. You’ll pass another smaller waterfall and an Indian amphitheater. When you reach the road, turn left (South). After the ballfield, turn right (West) and join the Meadow Ridge Trail (red circles). This trail makes 3/4 of a circle around the upper part of the park, ending at the Silver Spring Trail. Head East (left) and follow this path until you meet the Cascades Trail. Turn left and head NE to the Cascades East parking area. From here turn right (South) on the Holden Trail (white triangles) returning to the waterfalls and then the parking area at Cascading Waters.

Total length: 3.14 miles ???

We encourage hikers to post photos on social Media from the hikes with the tag: #hikeworcester

After enjoying this hike, we welcome you to explore all the paths you will find here. Visit www.gwlt.org or www.hikeworcester.com for more information on lands and maps, and information on this challenge.